



HKUST *VIRTUAL*
RUN 2022

Join “HKUST Virtual Run 2022” Club on Strava

STEP 1:
You will need to sign up for a Strava account first...
(Please jump to step 2 if you already have an account)

To sign up for a Strava account

On desktop: www.strava.com

<https://www.strava.com>

STRAVA

The #1 app for runners and cyclists



Sign up with Facebook

Sign up with Google

Sign in with Apple

or

Use my email

By signing up for Strava, you agree to the [Terms of Service](#). View our [Privacy Policy](#).

Already a Member? [Log In](#)

On mobile: Strava: Run & Ride Training

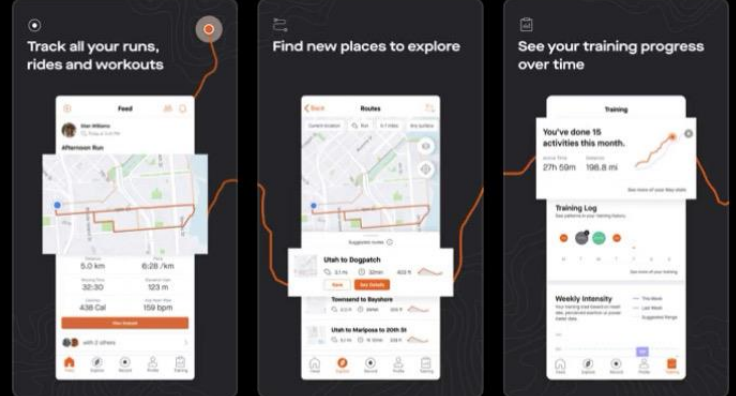


Strava: Run & Ride Train...

Activity & distance tracker

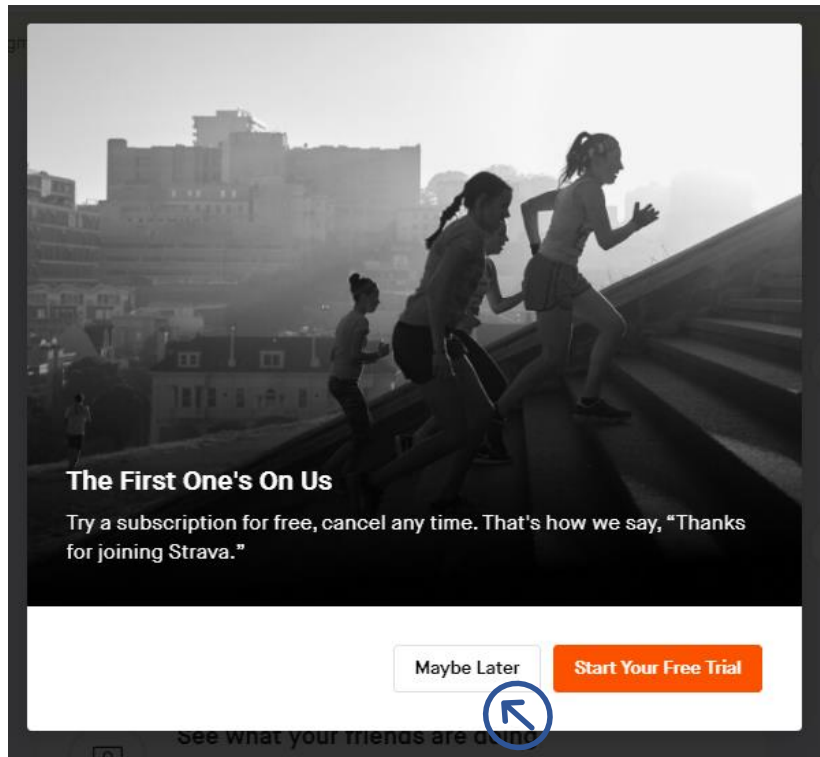
★★★★★ 1K

OPEN



To enjoy a free service, please SKIP the free trial subscription

On desktop



The First One's On Us

Try a subscription for free, cancel any time. That's how we say, "Thanks for joining Strava."

Maybe Later Start Your Free Trial

Click "Maybe Later" to skip the free trial subscription

On mobile

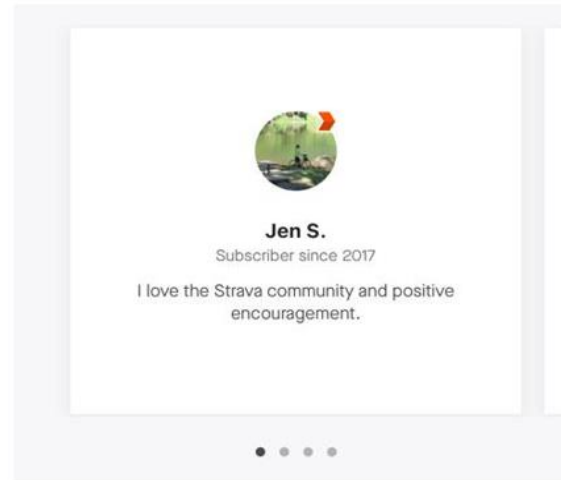
Skip



Click "Skip"

The First Month's On Us

Try a subscription for free, cancel any time. That's how we say, "Thanks for joining Strava."



Annual Subscription

HK\$473.00/year

You won't be charged until **January 20**.
Cancel up to 24 hours before your trial ends.

Start free trial and subscribe

STEP 2: Join “HKUST Virtual Run 2022” Club

On desktop (Join Club)

3 Type "HKUST Virtual Run 2022" and "Search"

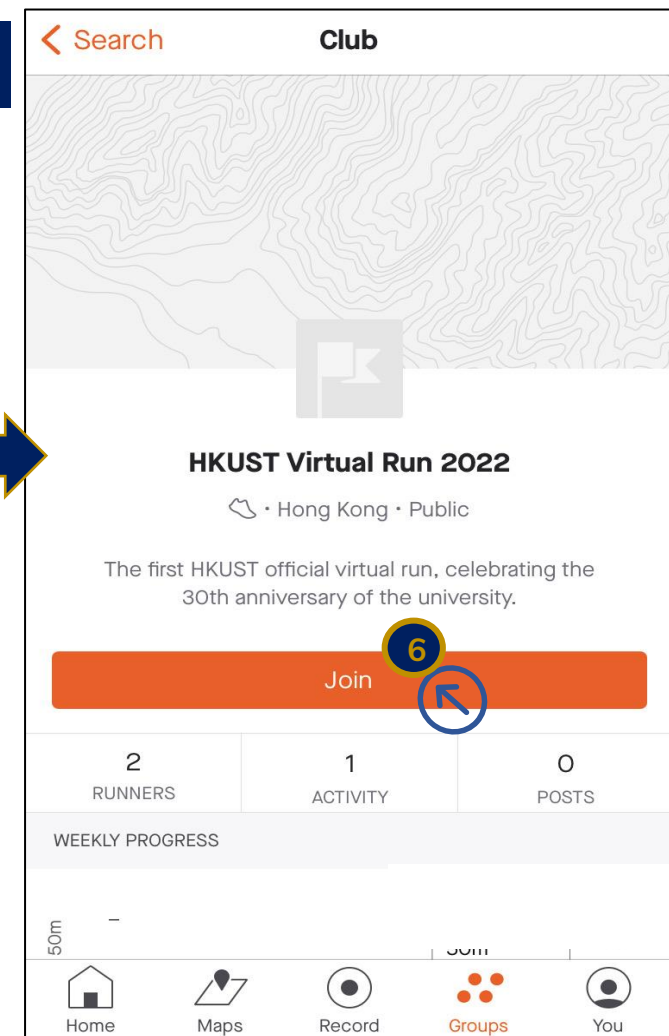
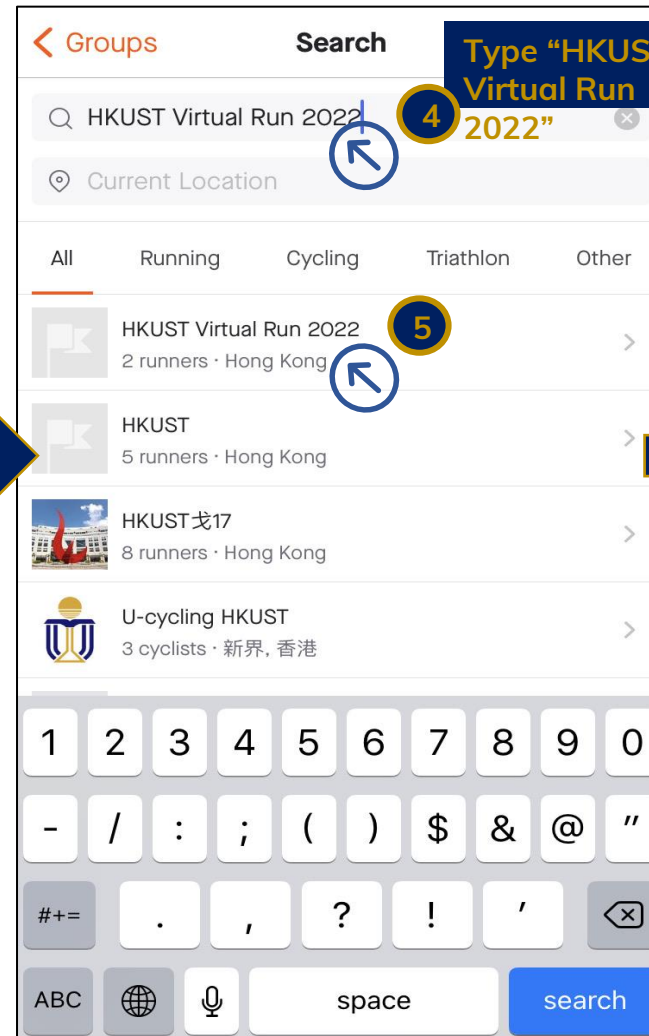
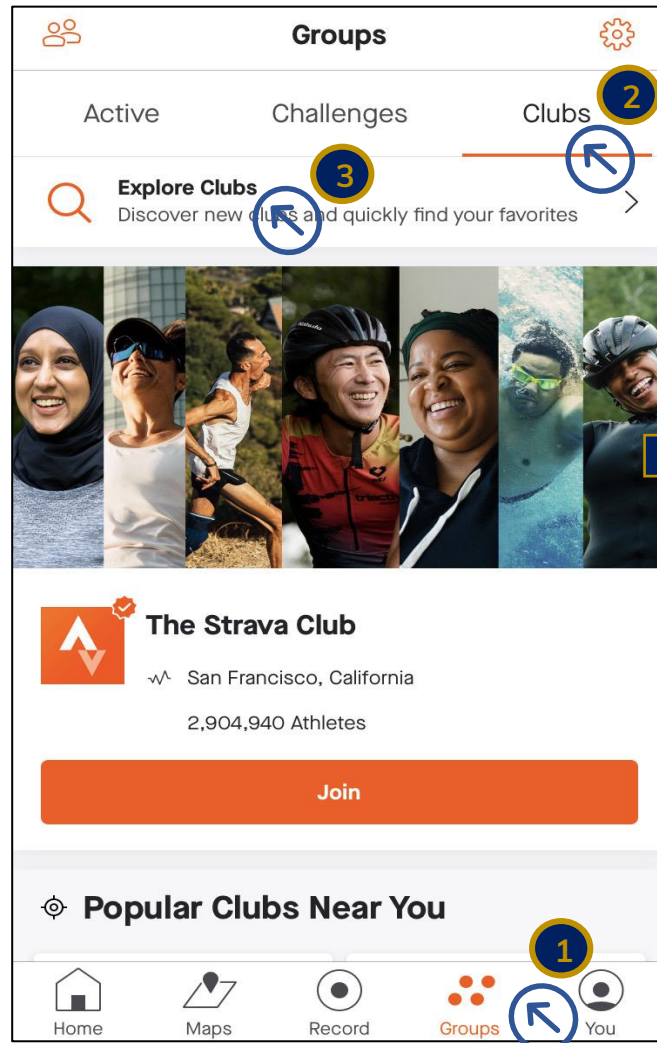
1 Navigation menu

2 Club Type dropdown

4 Join button

Club Name	Location	Members	Activity	Club Type
HKUST Virtual Run 2022	Hong Kong	1 member	Running	Club
[Blurred]	Hong Kong	5 members	Running	Other
[Blurred]	Hong Kong	8 members	Running	Club
[Blurred]	Hong Kong	9 members	Running	Club

On mobile (Join Club)



STEP 3:

Set your account as “Public” so that you can share your progress with the Club community

On desktop (Privacy setting)

https://www.strava.com/settings/privacy

STRAVA Dashboard Training Explore Challenges

Subscribe 1

Find Friends

My Account

Email

Settings 1

Log Out

My Profile

My Account

My Performance

Display Preferences 2

Privacy Controls 2

Data Permissions 3a

Email Notifications

My Gear

Partner Integrations

My Badges

Privacy Controls

Where You Appear

Profile Page

WHO CAN SEE

Everyone 3a
Anyone on Strava can search for and view your complete profile page and any activity you post. Your activities will be visible on segment and challenge leaderboards, and other Strava features.

Followers
Members who follow you can search for and view your activities. You must approve who follows you.

Only You
Only you can see your activities. Your activities will not appear on segment or challenge leaderboards, and they may not count toward some challenge goals. Members who do not follow you may be able to view your activity summaries depending on your other privacy settings.

No One
Your activities are private. Only you can view them. If they count toward a challenge, your followers may see updates on your progress. No one will see your activity pages, and your activities won't show up on leaderboards or elsewhere on Strava, including group activities or Flybys.

Cancel OK

Activities

WHO CAN SEE

Everyone 3b
Anyone on Strava can view your activities. Your activities will be visible on segment and challenge leaderboards, and other Strava features.

Followers
Only your followers will be able to see your activity details. Your activities will not appear on segment or challenge leaderboards, and they may not count toward some challenge goals. Members who do not follow you may be able to view your activity summaries depending on your other privacy settings.

Only You
Only you can see your activities. Your activities will not appear on segment or challenge leaderboards, and they may not count toward some challenge goals. Members who do not follow you may be able to view your activity summaries depending on your other privacy settings.

No One
Your activities will not be visible on Flybys to you or to anyone else.

Cancel OK

Group Activities

WHO CAN SEE

Everyone 3c
Your group activities will be visible to anyone on Strava.

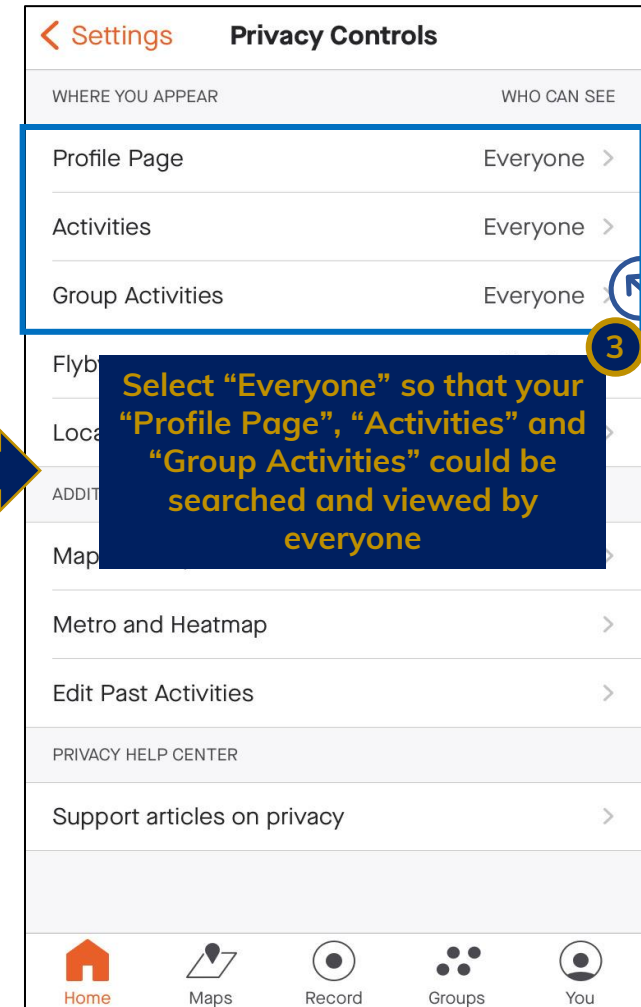
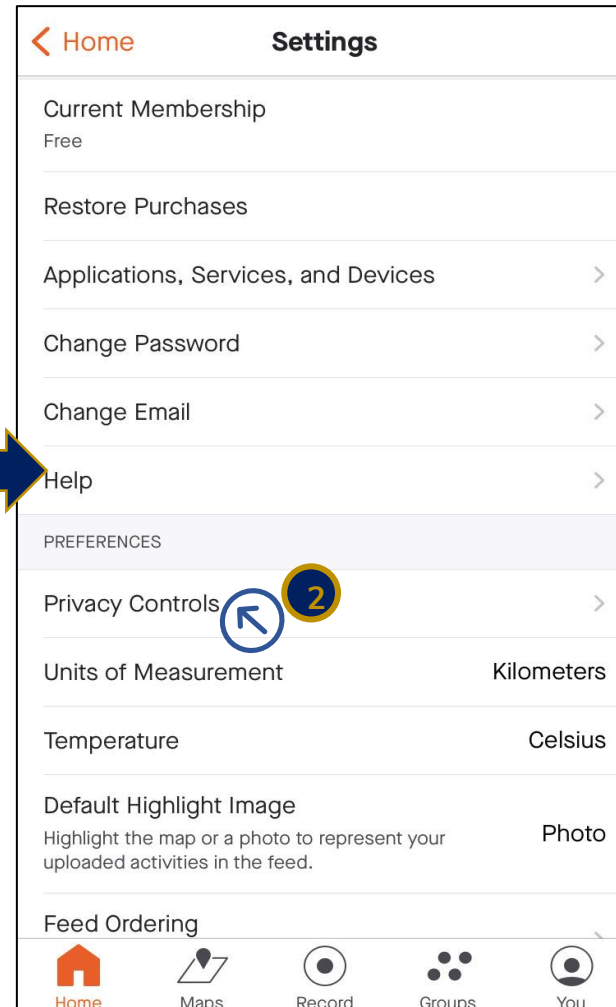
Followers
Your group activities will only be visible to athletes who follow you and athletes you follow.

No One
Your activities will not be displayed as part of group activities.

Cancel OK

Select "Everyone" so that your "Profile Page", "Activities" and "Group Activities" could be searched and viewed by everyone


On mobile (Privacy setting)



Select "Everyone" so that your "Profile Page", "Activities" and "Group Activities" could be searched and viewed by everyone

Now you are part of the HKUST Virtual Run community!

HKUST Virtual Run 2022

 Hong Kong
<https://run.hkust.edu.hk>


The first HKUST official virtual run, celebrating the 30th anniversary of the university.

[Join Club](#)

Last Week's Leaders


	Distance	Total Running Time	Climbing
	 Runner HKUST 16.0 km	 Runner HKUST 1:44:05	 Runner HKUST 190 m
	--	--	--
	--	--	--

3 members

  and 1 other

This Week's Leaderboard

Last Week **This Week**

Rank	Athlete	Distance ▼	Runs	Longest ▼	Avg. Pace ▼	Elev. Gain ▼
1	 Runner HKUST	8.0 km	1	8.0 km	6:15 /km	5 m

**YOU ARE ALL SET!
LET'S GET MOVING TOGETHER!**